

**POST-OP INSTRUCTIONS FOR TEMPORARY CROWNS OR BRIDGES**

Your tooth or teeth have been prepared for a porcelain or gold restoration. While we are waiting for the final restoration to arrive from the laboratory, a temporary restoration has been placed to help cover your tooth and protect it from sensitivity and to keep it from drifting in its position in your mouth. Your tooth may feel sensitive to cold, sweet, and biting. Don't worry, this is normal and should subside in a few days. If this sensitivity is severe and does not dissipate, please call the office immediately for an evaluation. Do not eat anything sticky, hard or chewy as this may pull the temporary off or break it. Be careful brushing and avoid flossing adjacent to the temporary as this may cause it to be dislodged.

Once the permanent restoration is placed, you may brush and floss normally. Your temporary may feel rough to your tongue and does not look as nice as the final restoration will. You can feel confident that your new restoration is being made using state-of-the-art materials by the finest laboratories and technicians. We realize that temporaries may be at times inconvenient and look forward with you to delivering the final restoration. Please call the office with questions, concerns, or anything that seems out of the ordinary by calling 310.275.1399.